

About Center for Life Management

Center for Life Management (CLM) is a non-profit community mental health center that has been serving our region for more than 55 years. CLM provides a comprehensive array of mental health services including therapy, medication services, acute care, family and community-based services for adults, children, adolescents and families. We offer services in-office, in-home and community as well as telehealth visits.

Our staff of highly-skilled professionals use the most progressive and effective evidence-based treatment approaches. We work with each client and family to tailor a personalized treatment plan and use an integrated approach that means care is coordinated whenever possible with your primary care doctor or other appropriate community resources



603-434-1577

CenterForLifeManagement.org

MAIN OFFICE

10 Tsienneto Road,
Derry, NH 03038

SALEM OFFICE

103 Stiles Road,
Salem, NH 03079

24/7 ACUTE CARE SERVICES

603-434-1577, OPTION 1



New Hampshire

Rapid Response Access Point
833-710-6477, NH988.com



Helping Overcome Psychosis Early



WHAT IS HOPE?

HOPE aids individuals and their family members in navigating through a first episode of psychosis by assisting with stabilizing their psychotic symptoms.

What is first episode psychosis?

First episode psychosis is characterized by a period of time when a person experiences disruptive thoughts or perceptions that make it difficult for them to know what is real.

This can include:

- Seeing, hearing, and believing things that are not real
- Suspiciousness
- Persistent unusual thoughts and beliefs
- Strong emotions or lack of emotions
- Withdrawal from support systems
- Decline in self-care or hygiene
- Trouble concentrating

GOALS

HOPE focuses on supporting individuals with maintaining interpersonal relationships, achieving their educational and employment aspirations, and improving their quality of life.

HOPE utilizes a multi-dimensional treatment approach that includes:

- Case Management
- Family Support and Education
- Outpatient Therapy
- Medication Management
- Supported Employment and Education



Eligibility

- Client must be between the ages of 15-35
- Have a diagnosis of schizophrenia, schizoaffective disorder, or schizophreniform
- Or be experiencing early symptoms or a recent onset of psychosis

NEW REFERRALS FOR HOPE

For referrals, questions, and more information, please call CLM's Access to Care department at 603-434-1577.