



# Welcome to Jean's Place

## About Jean's Place

This new program, part of an initiative of the NH Department of Health and Human Services, is a six-bed supportive housing program for adults in need of support for their mental health care. The goal of the program is to reduce the need for hospitalization and get people back to their lives in the community.

Jean's Place has four independent apartments (2 one bedroom and 2 two bedroom) and is staffed 24/7 by CLM Residential staff onsite. Jean's Place provides a time-limited, supported apartment program that promotes wellness and recovery skills to empower guests to remain in the community with a goal of securing permanent and stable housing.



## Supportive Housing Program Goals and Supports:

- The program is designed so guests receive support services during a “step up” period of time to avoid hospitalization or during a “step down” time following a hospitalization.
- The program has a 120 day stay limit.
- Services provided are person specific and most likely will include case management, medication monitoring, therapy, Supportive Employment, Wellness coaching, Bridge Housing Coordination, Illness Management and Recovery, Functional Support Services, Acute Care Services.

## What to Expect Staying at Jean's Place:

- Your own private bedroom with access to common spaces including a living room and kitchen in a fully furnished apartment.
- Assistance with developing interpersonal, organizational and daily routine skills to become more successful living in the community.
- Access to 1:1 support and opportunity to learn about and/or access local resources.
- Support to connect with Bridge housing staff to be successful in securing permanent housing to move into.

- Access to and connecting with the Road to Wellness peer agency to strengthen recovery strategies and skills.
- Free laundry machine and dryer available onsite.
- Each guest will be issued a CLM cell phone to support their treatment goals and use of telehealth.
- Our goal is to partner with you and On the Road to Wellness, our peer support agency, to create a healing environment through mental health treatment and intentional peer support with the opportunity to learn and grow.



### Admission Criteria for Jean's Place:

- Do not live in HUD/Bridge Voucher supported housing
- Qualify for a Bridge Voucher
- Completion of a Bridge voucher application along with supporting documentation
- 18 years of age or older
- Diagnosed with a serious mental health diagnosis
- Qualifies for or has Medicaid/MCO insurance or agrees to pay out of pocket for daily rate
- Agrees to contribute 30 % of their income to a savings account set up in their name towards future housing costs of independent living.

### Who is Jean?



Jean's Place is named in memory and honor of Jean Fisher a beloved and longtime member of CLM's Community Support Program staff. She worked with clients providing Occupational Therapy, led groups

in the Windham Inn day treatment program, and provided community outreach meeting with clients in their homes and community to provide supportive services. She empowered clients to become the best version of themselves and was a great advocate known to promote recovery.

**For questions, more program information and admission application, please contact CSP Director Michele Harlan at [mharlan@clmnh.org](mailto:mharlan@clmnh.org) or call 603-965-0739.**



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