



WALK-IN CRISIS ASSESSMENTS

Walk-In Crisis Assessments are like "Urgent Care" for mental health, coupled with ongoing follow-up for up to 30 days in an outpatient setting. If other supports are needed, we will integrate and transition the individual to appropriate care.

*Walk-In Crisis Assessments
are now available daily
7:00 a.m. to 11:00 p.m.
at the CLM main office:
10 Tsienneto Road, Derry, NH*

**24/7 ACUTE CARE SERVICES:
(603) 434-1577, OPTION 1**

www.CenterForLifeManagement.org

WHEN TO CALL?

Call if you experience unmanaged emotional distress and your supports or coping skills are not working effectively to manage:

- Panic, despair, sudden life changes
- Co-occurring crisis of mental health and substance use
- Self-injury
- Thoughts of harm to self or others
- Psychosis, mania or other emotional or mental health crisis

Our Acute Care Services team includes clinicians, case managers and peer support specialists all trained and skilled in crisis support. Our support helps people avoid higher levels of care.

Services provided include:

- Crisis Support and Assessment (phone and video telehealth)
- Mobile Crisis Assessments in-person with the individual where they are in the community.
- Walk-in Crisis Assessment available onsite daily 7:00 a.m. to 11:00 p.m. at our Derry office (only), 10 Tsienneto Road.
- Crisis Stabilization a short-term, comprehensive assessment and crisis planning for an individual who is remaining in the community but is in need of crisis support.
- Family Consultation provided when a friend or family member has concerns regarding a person in crisis, CLM offers support and guidance to help them help their loved one in crisis.

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