

Triple your SNAP dollars at the Salem NH Farmers Market!*

SPEND YOUR SNAP DOLLARS

\$30

GRANITE STATE MARKET MATCH

\$30

THE SNHFM MATCH

\$30

\$\$\$ TO SPEND AT THE MARKET!

= \$90



PUTTING HEALTHY FOOD WITHIN REACH FOR THOSE IN NEED

With every SNAP dollar you spend at our market, you will get an additional dollar to spend on fresh fruits and vegetables through the Granite State Market Match AND the Salem NH Farmers Market (SNHFM) market will match up to \$30 of the SNAP dollars you spend at the market. Let's break it down:

Why Use SNAP/EBT at the Salem NH Farmers Market?

- ✓ Fresh, locally-grown produce, -raised meats and -caught fish
- ✓ Homemade and prepared foods
- ✓ Support small farms and family businesses
- ✓ Healthy food for your family
- ✓ More dollars to spend

SNAP provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being. And that includes the opportunity to shop for locally grown vegetables and fruits.

To get SNAP benefits, you must apply in the state in which you currently live and you must meet certain requirements, including resource and income limits.

**Matches are subject to change based on availability. Please ask us!*

SCAN TO LEARN
MORE ABOUT
APPLYING FOR
SNAP



OUR MISSION

The mission of the Salem NH Farmers Market is to provide all members of our local communities with a wide variety of fresh, locally-produced foods and to educate all about the nutritional, economic, environmental and social implications of eating seasonally and locally.

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