



## **ACUTE CARE AND CRISIS CENTER SERVICES**

*Somewhere to Go for 24/7 Crisis Support*

The Crisis Center is a safe and welcoming place for anyone facing a mental health or substance use crisis. It is staffed with experienced therapists and peers who provide thorough assessments, help you stabilize, and offer short-term rest and care. Before you leave, we will set up ongoing services to help you stay well. We continue to check in and support you for up to 30 days while you recover.

*24/7 Walk-In Crisis Assessments  
Respite and Stabilization Support  
at the CLM main office  
10 Tsienneto Road, Derry, NH*

**24/7 ACUTE CARE  
AND CRISIS CENTER SERVICES:  
(603) 434-1577, OPTION 1**

[www.CenterForLifeManagement.org](http://www.CenterForLifeManagement.org)

# WHEN TO CALL?

In emotional distress and your supports or coping skills aren't working effectively to manage:

- Depression, panic, despair, sudden life changes
- Need for more support now, or unsure if you need hospitalization
- Support for mental health or substance use crisis
- Domestic violence
- Thoughts of harm to self or others
- Psychosis, mania or other emotional or mental health crisis

Our Acute Care Services team has therapists, case managers, and peers who are trained to help in a crisis. We can often help you avoid going to the hospital and connect you with the right treatment and supports.

## Services provided include:

- Crisis Support in person, on the phone or by video.
- Walk-in Crisis Assessment 24/7 at our main office (only), 10 Tsienneto Road, Derry.
- Mobile Crisis Assessments in-person anywhere within an hour.
- Overnight respite and day room support by professional peers.
- Daily clinical crisis stabilization and assessments as needed.
- Crisis Stabilization provided by a therapist or peer every few days for up to 30 days to prevent hospitalization.
- If needed, direct admittance with participating hospitals to avoid an emergency department visit.
- Family Consultation to help you help and support your loved one in crisis.

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**Main Office: 10 Tsienneto Road · Derry, NH 03038**

**To reach NH Rapid Response 833-710-6477  
Call or Text 988**